



# CP-PRO

CP Profiles of Health and Function

## CP-PRO Upper Extremity Short Form version 1.0 (Parent/Caregiver Report)

Name/ID Number: \_\_\_\_\_

Date: \_\_\_\_\_

This short form is designed for parent/caregiver self-report. Items ask about your child's ability to physically perform different activities. Read each item and think about your child's level of difficulty in carrying out the activity. Using the responses below, select the response that best describes your child.

**Unable to do** = child cannot do this activity even with support or help

**With much difficulty** = child can do this activity some of the time; requires extra time and strong effort and a lot of caregiver help

**With some difficulty** = child can do this activity some of the time; requires extra time, modest effort and is likely to need some caregiver help

**With little difficulty** = child can do this activity; requires extra time and effort; rarely needs caregiver help

**Without any difficulty** = child can do this activity easily and without caregiver help

Note: If your child typically does not engage in the activity, try to estimate the anticipated level of difficulty. If you cannot estimate, you may skip the item and use the process described for scoring short forms with missing items.

Please select the best response for each item (Mark one box)	Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do	Item Score
1. A "switch or button" means a hand-controlled device that activates a toy/computer. My child can activate a single switch or button placed within his/her reach with at least one of his/her hands.	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>0</sub>	
2. A "small object" could be a block, rattle, or hand-size toy. My child can purposefully let go of a small object on a surface.	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>0</sub>	
3. My child can bring a bottle, cup with a lid (sippy cup), adapted cup, or glass to his/her mouth using either of his/her hands.	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>0</sub>	
4. Using only his/her hands my child can remove a cap from a marker.	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>0</sub>	
5. My child can stabilize paper with one hand while coloring or writing with the other hand.	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>0</sub>	



# CP-PRO

CP Profiles of Health and Function

## CP-PRO Upper Extremity Short Form version 1.0 (Parent/Caregiver Report)

Name/ID Number: \_\_\_\_\_

Date: \_\_\_\_\_

Please select the best response for each item (Mark one box)	Without any difficulty	With a little difficulty	With some difficulty	With much difficulty	Unable to do	Item Score
6. A "T-shirt" is a shirt that is pulled on over one's head. My child can put on a T-shirt.	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>0</sub>	
7. A "container" could be a can of playdough or a margarine container. Using only his/her hands, my child can open a container.	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>0</sub>	
8. Using both of his/her hands together to hold onto each sock, my child can put on a pair of socks.	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>0</sub>	
9. Using only his/her hands, my child can use a knife and fork together to cut food.	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>0</sub>	
10. Using only his/her hands, my child can tie his/her shoelaces in a bow.	<input type="checkbox"/> <sub>4</sub>	<input type="checkbox"/> <sub>3</sub>	<input type="checkbox"/> <sub>2</sub>	<input type="checkbox"/> <sub>1</sub>	<input type="checkbox"/> <sub>0</sub>	
<b>Total Raw (Summed) Score</b>						
<b>Standardized (T-Scale) Score*</b>						

\*Convert the Raw Score to the Standardized Score using the Conversion Table on the next page.



**CP-PRO Upper Extremity Short Form Conversion Table**

The Short Form can be scored with missing values using the following process: 1.) calculate the mean score for the completed items; 2.) use the mean score value for the missing item(s) value; 3.) convert the raw score by using the conversion table as you would normally do. NOTE: if more than 50% of the items are missing, the score cannot be estimated.

**Convert Raw (Summed) Score to Standardized (T-Scale) Score**

Raw Score	T Score	T score SE
0	23.87	4.38
1	24.64	4.46
2	26.12	4.4
3	27.62	4.27
4	28.51	4.36
5	30.58	3.48
6	32.15	3.11
7	33.39	2.92
8	34.51	2.74
9	35.54	2.6
10	36.46	2.51
11	37.33	2.43
12	38.16	2.37
13	38.96	2.32
14	39.73	2.28
15	40.48	2.25
16	41.22	2.23
17	41.94	2.22
18	42.66	2.21
19	43.37	2.2
20	44.08	2.2
21	44.79	2.2
22	45.5	2.2
23	46.22	2.21
24	46.95	2.22
25	47.68	2.24
26	48.43	2.26
27	49.2	2.29
28	49.99	2.32
29	50.81	2.37
30	51.66	2.43
31	52.55	2.52
32	53.49	2.62

All items and scales copyright© 2016. Shriners Hospitals for Children, Boston University, MJ Mulcahey, PhD, OTR\L, and Thomas Jefferson University. All rights reserved. Do not modify items without written permission from the copyright holder.



# CP-PRO

**CP Profiles of Health and Function**

33	54.47	2.75
34	55.53	2.9
35	56.71	3.1
36	58.19	3.62
37	60.09	4.41
38	61.86	4.71
39	63.71	4.72
40	67.12	5.09