



# Mom's Meals

## Medically- Approved Meals

Meals are **designed by dietitians** to meet nutritional requirements.

Mom's Meals can be **covered by most insurances** (call your Medicaid or Medicare plan to see if they offer paid meal benefits) and the opportunity for individuals to order meals on their own.

Program types:

- **Long Term Care**: which focuses on helping individuals age at home
- **Chronic Care**: which helps individuals manage their health conditions
- **Post-Discharge Care**: which helps individuals recover after a hospital stay and avoid readmission
- **Self-Pay** (or "Private Pay"): supports individuals and those caring for a loved one.

### CONTACT MOM'S MEALS

Phone: 877 508 6667

Website:

<https://www.momsmeals.com/>

### CONTACT A CHW

Name:

Phone:

