



## Memory and Aging Program at Jefferson Center for Healthy Aging

Dementia has a far-reaching impact on patients, families and our society as a whole. Our Memory and Aging Program is designed to assist primary care providers with diagnosis and management of dementia and dementia-related issues.

### Program Goal

To provide both evaluation & ongoing care of dementia and memory loss with enhanced communication with patients, families and primary care providers.

### Why Jefferson Center for Healthy Aging?

Our team specializes in team-based comprehensive care for older adults.

- We focus on optimizing the health, function and quality of life of older adults with dementia.
- We work closely with older adults and their loved-ones to provide ongoing support and dementia-care management.



## Program Components:

- Memory and aging evaluations to assist with making a diagnosis of dementia
- Alzheimer and Dementia Care Program (ADC)
- Jefferson Center for Healthy Aging is a dissemination site for UCLA's evidence-based model of dementia care. Our dementia care specialists work with primary care providers to provide ongoing dementia care.
- Memory Loss Evaluation is part of the 4 M's of the age-friendly health system initiative.
  - What **M**atters
  - **M**edications
  - **M**entation
  - **M**obility
- Initial evaluation will include cognitive testing, and relevant lab work and neuroimaging.
- Referrals to neuropsychological testing, neurology and geriatric psychiatry, as needed.
- Education to your office and staff about dementia either via email or through in person in-servicing.



## How to Contact Us:

- If you are a provider use EPIC order for geriatrics.
- If you are a patient call **215-955-6664** or contact us via MyJeffersonHealth.