

### Decision Counseling Guide for Lung Cancer Screening

People have reasons/goals that favor **being screened (Option A)** and **NOT being screened (Option B)** for lung cancer. Encourage the patient to talk about their reasons/goals related to the options and clarify their preference.

**STEP ONE:** Help the patient identify their reasons/goals related to each option, select the most important reasons/goals (up to a total of 3) and rank those in order of importance (1= most important, 2 = 2nd most important, 3 = 3rd most important). Then, enter the top 3 reasons/goals in **STEP TWO**.

Reasons/Goals related to **being screened**

Reasons/Goals related to **NOT being screened**

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**STEP TWO:** Ask the patient how much more they think one option can help to address their top reason(s)/goal(s) than the other option. Example: "*I understand you want [to find out if you have lung cancer]. How much more do you think being screened can help [to find out if you have lung cancer] than not being screened?*" If there is only one reason/goal, complete this step and go to **STEP FOUR**. If there are two or three reasons/goals, complete this step and proceed to **STEP THREE** and then **STEP FOUR**.

#### Compare and Score the Options

	About	A	Some-		Very	
	the	Little	what	Much	Much	Overwhelmingly
<b>Top 3 Reasons/Goals</b>	Same	More	More	More	More	More
1.	_____					
2.	_____					
3.	_____					

**STEP THREE:** Ask the patient how much more important one reason/goal is than another. Example: "*How much more important is it to find out if you have lung cancer than to avoid radiation exposure?*" If there are 2 reasons/goals, enter how much more important 1 is compared to 2. If there are 3 reasons/goals, enter the importance of 1 compared to 2, 2 compared to 3, and 1 compared to 3.

#### Compare and Score the Reasons/Goals

	About	A	Some-		Very	
	the	Little	what	Much	Much	Overwhelmingly
<b>Top 3 Reasons/Goals Compared</b>	Same	More	More	More	More	More
1. compared to 2.						
2. compared to 3.						
1. compared to 3.						

**STEP FOUR:** Ask the patient to indicate what they want to do about screening on a scale of 0 to 10 (0 = I really don't want to be screened, 5 = I'm unsure about being screened, 10 = I really want to be screened). Enter the result and develop an action plan based on this result.

	I don't want to be screened				I'm unsure		I want to be screened			
0	1	2	3	4	5	6	7	8	9	10