

# OTOSCOPE Quarterly

A publication for friends and colleagues of Jefferson's Department of Otolaryngology– Head & Neck Surgery

## Congratulations to our 2023 Graduates

On June 23, 2023 we celebrated the graduation of our resident and fellow trainees. It was a joyous occasion.



**Ramez Philips, MD**  
**Outstanding Resident Award**

This award is given to the chief resident who most embodies our departmental values and mission statement throughout their residency as voted on by the attending, resident, and advanced practice provider staff.



**Dev Amin, MD**  
**Resident Teaching Award**

This award is voted on by the residents and given to the resident who consistently exemplifies our department's commitment to education as embodied in our department's mission statement and values through professionalism, mentorship, and continual learning.



**Maurits Boon, MD**  
**Faculty Teaching Award**

This award is voted on by the residents and given to the faculty member who consistently exemplifies our department's commitment to education as embodied in our department's mission statement and values through professionalism, mentorship, and continual learning.

### IN THIS ISSUE

Congratulations to our 2023 Graduates.....	1-2	Jefferson Oto in the News .....	5	Upcoming Events.....	7
Welcome to our Incoming Class.....	3	Achievements and Congratulations .....	5	Otolaryngology Events: Looking Back.....	7
Annual Research Symposium.....	4	New Providers! New Office! .....	5	Giving Back.....	10
Spotlight On Research.....	4	Alumni News.....	7	Otoscope Quarterly Archives .....	12

# Congratulations to our 2023 Graduates

## RESIDENTS



**Vanessa Christopher, MD**  
Facial Plastics Fellowship  
Beverly Hills, CA



**Meghan Crippen, MD**  
Department of Otolaryngology  
– Head & Neck Surgery,  
Thomas Jefferson University  
Philadelphia, PA



**Nikhita Jain, MD**  
Sleep Surgery Fellowship  
Icahn School of Medicine  
at Mt. Sinai  
New York, NY

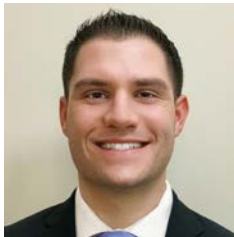


**Jenny Ma, MD**  
Private Practice  
West Chester, PA

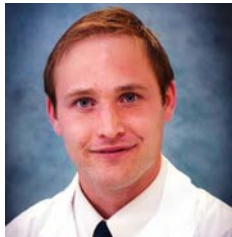


**Ramez Philips, MD**  
Head & Neck, Cranial Base and  
Reconstructive Surgery Fellow-  
ship, Vanderbilt University  
Nashville, TN

## CLINICAL FELLOWS



**Eric Barbarite, MD**  
Facial Plastic & Reconstructive  
Surgery Fellow  
BJC HealthCare  
St. Louis, MO



**Douglas Farquhar, MD**  
Rhinology Fellow  
Piedmont Healthcare  
Atlanta, GA



**Nayel Khan, MD**  
Advanced Oncologic Head  
& Neck and Microvascular  
Reconstruction Fellow  
University of Texas  
San Antonio, TX



**Arielle Thal, MD**  
Advanced Oncologic Head & Neck and  
Microvascular Reconstruction Fellow  
Otolaryngology – Head & Neck Surgery  
Thomas Jefferson University  
Philadelphia, PA

## RESEARCH FELLOWS



**Maria Armache**



**Megha Chandna**



**Glen D'Souza**



**Emily Garvey**



**Victor Jegede**



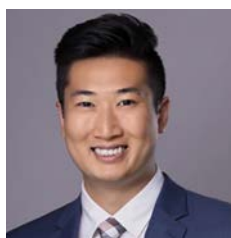
**Derek Mann**



**Bitu Naimi**



**Sruti Tekumalla**



**Richard Wu**

## AUDIOLOGY EXTERNS



**Olivia Giglio, AuD**  
Otolaryngology – Head & Neck Surgery,  
Thomas Jefferson University, Philadelphia, PA



**Tammy Le, AuD**  
Private Practice in Cherry Hill, NJ



**Halle Roesser, AuD**  
Private Practice in Boca Raton, FL



# Welcome to our Incoming Class

## RESIDENTS



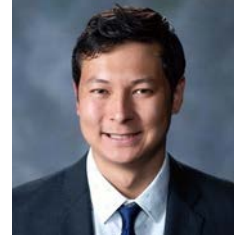
**Emma DeRavin, MD**  
Perelman School of Medicine  
University of Pennsylvania



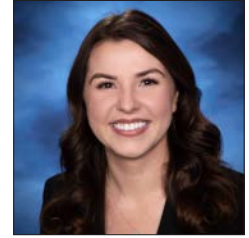
**Leonard Estephan, MD**  
Sidney Kimmel Medical College  
Thomas Jefferson University



**Ezra Pak-Harvey, MD**  
Emory School of Medicine  
Emory University



**Bryan Renslo, MD**  
Sidney Kimmel Medical College  
Thomas Jefferson University



**Reilly Scott, MD**  
Sidney Kimmel Medical College  
Thomas Jefferson University

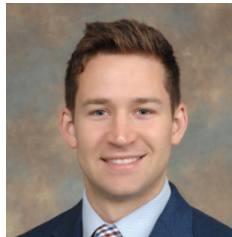
## CLINICAL FELLOWS



**Peter Benedict, MD**  
Rhinology Fellow  
Grossman School of Medicine  
New York University



**Emily Funk, MD**  
Advanced Oncologic Head & Neck  
and Microvascular Reconstruction  
Fellow  
University of California-San Diego



**Adam McCann, MD**  
Facial Plastic & Reconstructive  
Surgery Fellow  
University of Cincinnati

## AUDIOLOGY EXTERNS



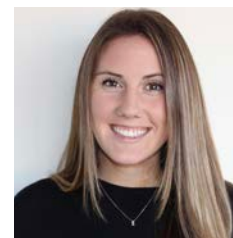
**Maya Hecksel**  
Northwestern University



**Kaitlyn Marsh**  
University of Tennessee Health Science Center



**Kaitlyn McCarthy**  
Salus University, Osborne College of Audiology



**Keira Mehigan**  
Salus University, Osborne College of Audiology

## RESEARCH FELLOWS



**Jefferson DeKloe**  
Western Michigan University  
Homer Stryker M.D. School of Medicine



**Neha Garg**  
Boston University School of  
Medicine



**Pablo Llerena**  
Rutgers Robert Wood Johnson  
Medical School



**Shreya Mandloi**  
Drexel University College of  
Medicine



**Kathryn Nunes**  
Sidney Kimmel Medical College  
Thomas Jefferson University



**Samuel Shing**  
Loyola University Chicago  
Stritch School of Medicine

Our research fellowship program began in 2015, with one research fellow. This past year we received more than 48 applications for our six research fellowship positions. We are very proud of the many accomplishments of our research fellows.

# Annual Research Symposium

The Jefferson Otolaryngology Annual Research Symposium was held on May 17, 2023. Presenting were ten research fellows, five residents and four researchers from the Monell Chemical Senses Center.

**James Daniero, MD (R '13)** served as the guest moderator. Dr. Daniero is currently the Director, Laryngology and Voice Care and Research Director at the University of Virginia's Department of Otolaryngology – Head and Neck Surgery. Earlier in the day, Dr. Daniero presented department grand rounds with his topic "State-of-the-art management of glottic incompetence: A biomaterials approach."



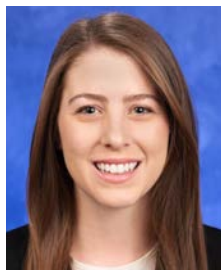
James Daniero, MD (center) is pictured with Department Chairman, David Cognetti, MD and Vice Chair for Research, Joseph Curry, MD

## Spotlight On Research



**Elina Toskala, MD, PhD, MBA** served as faculty at the Southern States Rhinology Course on Kiawah Island in South Carolina from April 20–24, 2023.

She presented two lectures and participated in five panel discussions.



Congratulations to **Annie Moroco, MD (PGY3)** for being awarded an American Head & Neck Society/ American Academy of Otolaryngology – Head & Neck Society

Foundation CORE grant! Annie was awarded the AHNS Endocrine Surgery Section Stryker Research award for her proposal entitled "Reimagining Consent: Comprehension & Decision-Making in Thyroid Surgery."

## RESEARCH SYMPOSIUM AWARD RECIPIENTS



**Ulrich Rodeck MD, PhD** Award for best presentation by a research fellow went to **Zachary**

**Urdang, MD, PhD** for his presentation entitled "Enriching HNC Prevalence at Screening Events Using Machine Learning to Predict Incident HNC."



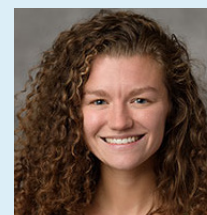
The award for the best presentation by a **4th Year Resident** went to **Alex Duffy, MD (PGY4)**

for his presentation entitled "The Checklist Manifesto – Improving Safety, Satisfaction and Communication with Preoperative Checklists in Rhinology & Endoscopic Skull Base Surgery."



**Dr. Stephen F. Balshi Prize** was awarded to **Sana Siddiqui, MD (PGY4)** for her presentation

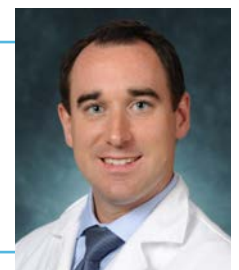
"Retrograde Cricopharyngeus Dysfunction: The Jefferson Experience."



The prize for the best presentation by a **Monell Researcher** went to

**Stephanie Hunter, PhD** for her presentation "More Spice, Less Salt: How Capsaicin Affects Liking and Perceived Saltiness of Foods in People with Smell Loss."

The Combined Otolaryngology Sections Meeting (COSM) was held in Boston from May 3 through 7, 2023 and our department was well represented with many exciting presentations and posters. Dane Grenda, MD from the Department of Anesthesiology participated in a panel discussion with **Colin Huntley, MD** on perioperative management of patients with sleep apnea. For a list of our COSM 2023 presentations, visit <https://tinyurl.com/TJUOTOCOSM2023>.





# Jefferson Oto in the News

**Elina Toskala, MD, PhD, MBA** was recently interviewed by Jefferson's "Living Well" online publication. The article, "Is It Allergies or Sinusitis? Understand the Difference" discusses the differences between seasonal allergies and sinusitis and the importance of seeking treatment. Click <https://tinyurl.com/AllergiesOrSinusitis> or on the image to learn more.



## Achievements and Congratulations

### New Physicians! New Office!

We are pleased to announce that **Kenneth Einhorn, MD** and **Jason Wilmoth, MD** have joined Jefferson Otolaryngology – Head & Neck Surgery effective May 1, 2023. Drs. Einhorn and Wilmoth bring many years of experience and are practicing at our brand new office location at 1235 Old York Road, Suite 122, Abington, PA.



**Kenneth Einhorn, MD**



**Jason Wilmoth, MD**



Members of the management team and staff from the Abington office celebrated the office's grand opening during the first week of May, 2023.

Congratulations to **Adam Luginbuhl, MD** and **Maurits Boon, MD** for receiving the American Academy of Otolaryngology – Head and Neck Surgery Foundation (AAO-HNSF) **2023 Young Physicians Section Impact Award** and the **2023 Young Physicians Section Model Mentor Award**, respectively. These awards highlight the incredible work Drs. Luginbuhl and Boon have done to help educate the next generation of otolaryngologists. Their awards will be presented at the upcoming AAO-HNSF Meeting in Nashville in October.



We are excited to announce that **Arielle Thal, MD (HNF'23)** will join Jefferson Otolaryngology-Head and Neck Surgery as Assistant Professor

of Otolaryngology – Head & Neck Surgery in September, 2023 and will practice in our Center City and Torresdale Offices.



We are delighted to announce that **Meghan Crippen, MD (R'23)** will join Jefferson Otolaryngology-Head and Neck Surgery as

Instructor of Otolaryngology – Head & Neck Surgery in September, 2023 and will practice in our Center City and Cherry Hill Offices.



Congratulations to **Jacob Hunter, MD** who was named Co-Chair of the CI2024 Meeting

in Vancouver: 17th International Conference on Cochlear Implants and Other Implantable Technologies.



Congratulations to our physicians who were named as **2023 Top Docs by Philadelphia Magazine!** This recognition speaks volumes for their dedication to providing the highest quality of patient care.



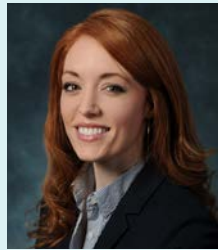
Maurits Boon, MD



Rebecca Chiffer, MD



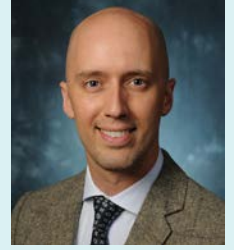
David Cognetti, MD



Elizabeth Cottrill, MD



Joseph Curry, MD



Christopher Fundakowski, MD



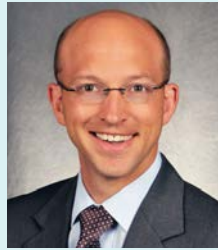
Richard Goldman, MD



Ryan Heffelfinger, MD



Howard Krein, MD, PhD



Adam Luginbuhl, MD



Gurston Nyquist, MD



Edmund Pribitkin, MD, MBA



Marc Rosen, MD



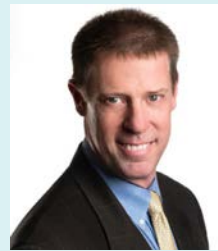
David Rosen, MD



Elina Toskala, MD, PhD,  
MBA



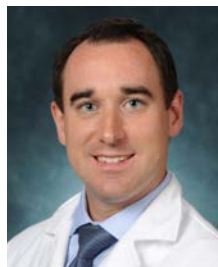
Thomas Willcox, MD



Jason Wilmoth, MD



Congratulations to **Mindy Rabinowitz, MD** and **William Parkes, MD** who earned the **Dean's Award for Excellence in Education** at the Sidney Kimmel Medical College Faculty Awards Dinner on June 29, 2023. This award recognizes faculty who go above and beyond in their dedication to education.



Congratulations to **Colin Huntley, MD** for being elected President-Elect of the Pennsylvania Academy of Otolaryngology.



Congratulations to **Howard Krein, MD, PhD** on his promotion to Professor of Otolaryngology-Head and Neck Surgery, effective in June, 2023.



Congratulations to **Maurits Boon, MD** on being named Treasurer of the Medical Staff of Thomas Jefferson University Hospital.



# Alumni News

Join us for the

## Faculty & Alumni Golf Outing

**Monday, September 11, 2023**

Union League Liberty Hill Golf Club  
800 Ridge Pike  
Lafayette Hill, PA

For more information, contact  
[Karen.Keane@jefferson.edu](mailto:Karen.Keane@jefferson.edu)



ARE YOU GOING TO THE AAO-HNSF MEETING IN NASHVILLE?

## JOIN US FOR FAMILY DINNER

at The Southern on Sunday, October 1, 2023 at 7:00 PM.

Please RSVP to [Karen.Keane@jefferson.edu](mailto:Karen.Keane@jefferson.edu)

## Upcoming Events

**SEPTEMBER 13, 2023**

### Annual William Keane, MD Lecture in Head & Neck Surgery

*Featuring Guest Lecturer*

**ANDREW G. SIKORA, MD, PHD**

Professor of Head and Neck Surgery at MD Anderson Cancer Center in Houston, TX



**NOVEMBER 17, 2023**

### Thyroid Cancer and Parathyroid Disease Update 2023

**VIRTUAL MEETING**

## Otolaryngology Events: Looking Back

**Elina Toskala, MD, PhD, MBA** presented during the combined meeting of European and International Rhinologic Society & International Society of Allergy and Inflammation of the Nose in Sofia, Bulgaria. Kudos to Dr. Toskala and her hard work that is recognized globally.



The Clerf Lecture was established in 1979 to honor of the late Louis H. Clerf, MD, Emeritus Professor of Laryngology and Bronchoesophagology at Jefferson Medical College (1930-1954). We were honored to host **Robson Capasso, MD**, Chief of Sleep Surgery, Professor of Otolaryngology and Head and Neck Surgery and Associate Dean at Stanford University School of Medicine as this year's guest Lecturer. Dr. Capasso's presentation, "Doctors and Innovation: A Survival Guide," was well-received by those in attendance. Dr. Capasso (2nd from left) is pictured with **Maurits Boon, MD**, **David Cognetti, MD** and **Colin Huntley, MD**.



We celebrated our 2022-23 research fellows with a luncheon on April 19, 2023. Best wishes to **Emily Garvey**, **Bitu Naimi**, **Derek Mann**, **Glen D'Souza**, **Sruti Tekumalla**, **Maria Armache**, **Megha Chandna**, and **Victor Jegede**. We are thankful for their hard work and dedication and we wish them the best in their future endeavors.



The inaugural **Multidisciplinary Orbital Tumor Symposium** was held virtually on April 21, 2023. Course co-directors were **Joseph Curry, MD** and Sarah Lally, MD of Wills Eye Hospital. The symposium featured world leaders in ocular oncology and great presentations given by several of our physicians and APPs. In addition to the clinical and scientific presentations, it was inspiring to hear from patients who shared their experience living after an orbital exenteration surgery.

Our faculty and residents had a great time at the Sim Fest on April 29, 2023. A special shout out to **Richard Goldman, MD** who served as the course director and made the event possible. We had 45 residents in attendance. The course faculty included **Christopher Fundakowski, MD**, **Arielle Thal, MD (HNF'23)**, **Dylan Roden (HNF '19)**, **Jules Rodin (R '22)** and **Leila Mady, MD, PhD**.



Congratulations to our Rhinology division for hosting another successful sinus dissection course on May 24, 2023. Guest faculty included former faculty member **Madeleine Schaberg, MD** and former trainees **Erin Reilly, MD (R '20)**, **David Beahm, MD (RF '12)**, **Judd Fastenberg, MD (RF '19)**, and **Mark Chaskes, MD (R '21)**.



**David Cognetti, MD** joined experts from across the country as faculty lecturer for the Harvard Sialendoscopy Symposium on May 5, 2023. The faculty photograph was taken in the famed Ether Dome of Massachusetts General Hospital, which was the site of the first public demonstration of the use of inhaled ether as a surgical anesthetic on October 16, 1846. Fittingly, the surgery that occurred on that date was removal of a neck tumor.



May 26, 2023. He was welcomed with a dinner with the Head and Neck Division and had the opportunity to catch up with alumnus **Michael Topf, MD (R '19)** and his wife and former Oto PA, **Brittany Gunville** and their daughter Madelyn.

**David Cognetti, MD** gave the Unit S endowed lectureship at Vanderbilt University in Nashville on

**Adam Luginbuhl, MD** presented at the American Head & Neck Society Virtual Tumor Board on June 7, 2023 on the topic of Complex Bone Reconstruction. The virtual tumor board was created to allow all AHNS-accredited fellowship programs to continue providing the highest standard of education for head and neck oncologic treatment.

**Elizabeth Cottrill, MD** flew over the pond to serve as a moderator at the World Congress on Thyroid Cancer from June 15-17, 2023 in London. Dr. Cottrill was amongst an international collective of experts in cutting-edge treatment in thyroid disease.



Our Department had a terrific showing at the Pennsylvania Academy of Otolaryngology - Head and Neck Surgery Annual Meeting in Lancaster June 16-17, 2023. **Kathleen Tibbetts, MD** and **David Cognetti, MD** provided faculty lectures. Nemours faculty member **Jenna Briddell, MD** also provided an oral presentation

entitled "The Noisy Breather" and served on a pediatric otolaryngology panel discussion. **Danielle Demaio-DeAngelis, MHA, COPM**, department administrator, represented ASCENT on a panel regarding the role of advance practice providers. **Glenn D'Souza** (Research Fellow), **Sana Sidiqi, MD (PGY4)**, and **Alex Duffy, MD (PGY4)** gave oral presentations. **Addy Schultz**, former Speech and Language Pathologist at Jefferson, was awarded the Citation of Distinguished Service. **Glenn D'Souza** won an award for Best Oral Presentation.



**Mindy Rabinowitz, MD** moderated the American Rhinologic Society Series meeting titled: *Benign Orbital Disease* on June 21, 2023. Dr. Rabinowitz moderated alongside panelists former rhinology fellow **Blair Barton, MD (RF '21)** and **Michael Rabinowitz, MD** of the oculoplastics and orbital surgery department of Wills Eye Hospital.

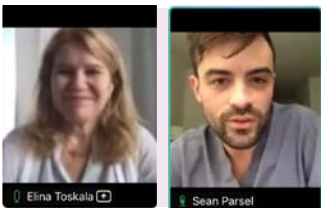




**Jefferson Otolaryngology's Cochlear Implant Team** hosted a networking event in King of Prussia on June 22, 2023 with Advanced Bionics, a cochlear implant manufacturer. This event was offered to other hearing health care professionals in the Philadelphia area. We had 13 providers from 10 area practices join us to learn more

about our cochlear implant program and the services we can offer their patients. We look forward to hosting more outreach events in the near future, extending into New Jersey!

On June 21, 2023, we celebrated the graduating residents with a little less formal event that was no less fun!



**Allergy Management in ENT Practice**

Elina Toskala MD, PhD, MBA  
 Professor  
 Vice-Chair  
 Director of Allergy  
 Rhinology and Skull base surgery  
 Dept. of OIRL-HIS  
 Thomas Jefferson University

**Elina Toskala, MD, PhD, MBA** gave a Grand Rounds presentation to the Lehigh Valley Health Network Otolaryngology Department on June 28, 2023. Former Rhinology fellow, **Dr. Sean Parsel (RF '22)**, hosted the Grand Rounds presentation along with LVHN division chief, **Dr. Ravi Samy**.

## Giving Back

**David's Dream and Believe Cancer Foundation (DDBCF)** held its **Spring Fiesta** in Long Beach Island on April 22, 2023. At the event, DDBCF founder, survivor, and close friend of our department **David Caldarella** presented a \$10,000 check to **David Cognetti, MD, Joseph Curry, MD** and **Adam Luginbuhl, MD** for our departmental DDBCF patient fund which provides financial support to our patients diagnosed with head and neck cancer. **Aimee Peirce, RN** who volunteers as a patient advocate for the DDBCF, was also present. It was a great time for a great cause!







On April 22, 2023, the Head and Neck team, with the support of the research fellows and volunteer medical students, participated in Cancer Prevention Screening and Education Day at the Sidney Kimmel Cancer Center at Jefferson Torresdale Hospital. The screening fair offered screening for seven different cancer sites including head and neck cancer and corresponded with National Oral, Head and Neck Cancer Awareness Week. Thank you to all who participated and to **Elizabeth Cottrill, MD** for organizing our involvement in the event.

**Joseph Curry, MD** and **Adam Luginbuhl, MD** travelled to Kenya for a medical mission from May 12-15, 2023 where they were hosted by Dr. Alex Malambro from Lusaka, Zambia. Our head and neck fellow, **Arielle Thal, MD** and **PGY-3 Annie Moroco, MD** accompanied them on their trip. Dr. Curry and **PGY-4 Aarti Agarwal, MD** spent time in Uganda operating at the Uganda Cancer Institute. Surgical cases included tumor resections as well as free flap reconstructions as a part of a team with the Head and Neck Outreach. The team was comprised of medical staff from the University of Cincinnati, Vanderbilt, and the University of Miami. Drs. Luginbuhl and Curry also stopped in Nairobi, Kenya to teach at the Kenya ENT Society Dissection Course. They were there with Don Weed, MD of the University of Miami and James Netterville, MD of Vanderbilt University.



**David Cognetti, MD** (3rd from left) joined members of Team Jefferson on June 11, 2022 for the American Cancer Society Bike-a-Thon from Philadelphia, PA to Atlantic City, NJ. The organization raised over 1 million dollars in donations to help the cause to fight cancer.

# OTOSCOPE Quarterly

OTOSCOPE QUARTERLY is a publication for friends and colleagues of Jefferson's Department of Otolaryngology– Head & Neck Surgery.

Visit us on the web



THOMAS JEFFERSON UNIVERSITY  
Department of Otolaryngology -  
Head & Neck Surgery



JEFFERSON HEALTH  
Department of Otolaryngology -  
Head & Neck Surgery

Connect with us  
on social media



@JeffersonEarNoseThroat



@Jefferson\_Oto

## View Otoscope Quarterly Archives Online



Spring 2023

<https://bit.ly/OtoscopeSpring2023>



Winter 2023

<https://bit.ly/OtoscopeWinter2023>



Fall 2022

<https://bit.ly/OtoscopeFall2023>